

Active Listening and Empathy

Active listening, a vital communication skill, involves focusing fully on a speaker, comprehending their message, and responding thoughtfully. Unlike passive listening, it fosters meaningful engagement and stronger relationships through verbal and non-verbal cues that signal attention and understanding. Similarly, empathy—the ability to understand and share another's feelings—is essential for building deeper connections in personal and professional contexts. While empathy may come naturally to some, it can be cultivated with practice and self-awareness.

This webinar offers a professional development opportunity for teachers and educators to enhance their active listening and empathy skills. Participants will explore best practices, activity-based learning, and advanced techniques to integrate these skills into their daily interactions. The session also emphasizes mentoring, coaching, and creating support groups to address challenges and promote collaboration, equipping educators with tools for effective communication and leadership in diverse environments.



*With 35 years of experience **Noreen Mirza** an ELT expert, has trained educators and professionals across diverse fields. Specializing in teacher training, she has led programs in leadership, professional development, Business English, and English for Academic and Specific Purposes, empowering professionals in medicine, management, engineering, and IT. Her expertise includes communication skills, critical thinking, teamwork, and counseling, making her a leader in enhancing teaching and learning methodologies.*

Day: Saturday

Date: November 30, 2024

Time: 12:00 to 1:00pm

Sobia

Sobia Begum

Associate Chair,

Professional Development Council

(2024-26)

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[Click here to register](#)



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